

Winter Ski Trip

Clothing

- ___ **Base layers (Dry Dudz Quick Dry belt-liner)**
- ___ **Sock Liners**
- ___ **Glove Liners**
- ___ **T-necks (second layer)**
- ___ **Socks (wicking and insulating properties)**
- ___ **Ski Sweater (Mid Layers)**
- ___ **Fleece Top and bottom (Mid Layers)**
- ___ **Insulated ski pants or bibs (Outermost Layer)**
- ___ **Insulated Ski jacket (Outermost Layer)**
- ___ **Gloves or Mittens**
- ___ **Hat/Headband**
- ___ **Neck Gaiters/Face Masks**
- ___ **After Ski Boots**
- ___ **After Ski Gloves**
- ___ **Swim suit (Hot tub) Dry Dudz Quick Dry Hybrid boardshort for men & women**
- ___ **Flip Flops to run out to hot tub**

Toiletries

- ___ **Toothbrush**
- ___ **Toothpaste**
- ___ **Liquid Soap**
- ___ **Shampoo/Conditioner**
- ___ **Deodorant**
- ___ **Lotion**
- ___ **Brush/Comb**
- ___ **Hair Styling products**
- ___ **Glasses/Contact Lens/solution**
- ___ **Shaving Supplies**
- ___ **Makeup**
- ___ **Feminine Hygiene Products**
- ___ **First Aid Kit/Important Medicine**

Essential Gear

- ___ **Goggles anti-fog**
- ___ **Sunglasses w/ eye ties**
- ___ **Lip Balm/Sunscreen**
- ___ **Hand & Toe Warmers**
- ___ **Water bottle(s)**
- ___ **Ski Lock**
- ___ **Food/Snack to carry in your pocket**
- ___ **money/credit cards/ID**
- ___ **Medical Insurance Card**
- ___ **Travel Itinerary/Tickets/Ski tickets**
- ___ **Mountain Runs Map**
- ___ **Leisure Reading**
- ___ **Passport/Visa******
- ___ **First-aid kit**
- ___ **Cellphone/Charge**
- ___ **Camera/Charger**
- ___ **Computer/Charger**
- ___ **Warm Blanket/Pillow**

Basic Packing Tips

Rolling Your Clothes

Backpackers swear by this method. Rolling works well with pants, skirts and sports shirts. Lay the item face down, fold back the sleeves and then roll from the bottom up.

Fold Clothes Together

Take two or more garments, for example trousers, and lay half of one pair on top of the other. Fold the one on the bottom over the pair on the top. Then take the other and fold it on the top. This gives each pair some cushion where you've folded it so it's less likely to crease or wrinkle in the folds.

Tissue Paper

For delicate items, try tissue paper. Lay the item face down and place tissue paper on top. Fold it up with the tissue paper inside. Use additional layers of paper as you fold the garment so it is completely wrapped in and around paper. This is easy enough the first time you pack, but becomes a pain if you have to keep repacking. We only use this approach for evening clothes that we don't want to crush.

Tips for Air Travelers

You may not pack liquid or gel substances in your carry-on unless they are in individual containers of 3.4 ounces or less and enclosed in one clear, quart-size, plastic, zip-top bag per passenger. Any larger containers of liquids and gels must be packed in your checked luggage.

Be aware of restrictions on the size and number of bags you may bring onto your flight. Many airlines now charge a fee for every checked bag or have lowered the maximum permitted weight limits for checked luggage.

Do not lock your checked bags except with TSA-approved locks; otherwise, if your bag is selected for random screening, agents will have to break the lock to get inside.